



[Paper](#) [Mesh-terms](#) [Similar 105](#) [References](#) [Citations](#) [Comments](#) [Recommended by](#) [Favored by](#)

username:

password:

[Register](#) [Forgot password](#) [Login](#)

- Register to comment articles, reports and participate in mesh term forums
- Register to monitor favorite articles, reports, mesh-terms, authors, users
- Register to publish reports in the BioInfoBank Library and become editor
- Register to create Your own user record to promote Your scientific activity

Ads by Google

### Prostate Cancer

#### Treatment

California residents learn how HIFU treats prostate cancer.

[www.internationalhifu.com](http://www.internationalhifu.com)

### Teen Drug

#### Education

An interactive alcohol and drug prevention program for adolescents

[www.drugs4real.com](http://www.drugs4real.com)

### Pancreatic

#### Cancer?

Learn How Neulasta Can Help Support Your Body's Natural Defenses.

[www.neulasta.com](http://www.neulasta.com)

### Support Cancer

#### Research

Make a gift that saves lives by supporting cancer research.

[MemorialSloanKettering.org](http://MemorialSloanKettering.org)

[Eur J Cancer Prev. 2006 Oct ;15 \(5\):431-8 16912572](#)

### **Skin cancer prevention behaviours during summer holidays in 14 and 18-year-old Belgian adolescents.**

[Hein De Vries](#) , [Karen Willems](#) , [Ilse Mesters](#) , [Astrid Reubsæet](#)

A cross-sectional study was conducted among 602 Belgian adolescents to analyse their sun protection habits. The results show that Belgian adolescents stay in the sun for a long time, even in periods when ultraviolet radiation is very damaging. Of all respondents, 70% exposed themselves for at least 3 h to the sun on sunny days. Most respondents (49%) exposed themselves between 1200 and 1500 h. Almost two-thirds of the respondents (59.3%) reported at least one sunburn in the past year and 26.5% got sunburnt at least twice; 24% used sunbeds more than 6 times per year. Applying sunscreen every 2 h was the most commonly used method by adolescents to protect themselves, although 70% did not use sunscreen regularly. Female students used sunscreen more regularly than male students, and sunbed use was higher among 18-year-olds than 14-year-olds. Our results clearly suggest that respondents with fair skin types are at increased risk of developing skin cancer, because of various high exposure activities accompanied by relatively few protection behaviours. A second risk group consists of students from the two lower educational levels, again because of high exposure levels and less frequent protection behaviours. The risks of sunbed use should be communicated clearly to older adolescents. Hence, these two groups need to receive high priority for cancer prevention activities in Belgium.

[\[PubMed\]](#) [\[Scholar\]](#) [\[EndNote\]](#) [\[BibTex\]](#)

#### **Other papers by authors:**

[Cancer Epidemiol Biomarkers Prev. 2006 Jul ;15 \(7\):1360-6 16835337](#)

### **Motives of belgian adolescents for using sunscreen: the role of action plans.**

[Hein de Vries](#) , [Ilse Mesters](#) , [Jonathan Van't Riet](#) , [Karen Willems](#) , [Astrid Reubsæet](#)

[Health Educ Res. 2008 Jan 22; : 18212132](#)

### **Optimizing the efficacy of smoking cessation contests: an exploration of determinants of successful quitting.**

[Liesbeth van Osch](#) , [Lilian Lechner](#) , [Astrid Reubsæet](#) , [Mirjam Steenstra](#) , [Stefan Wigger](#) , [Hein de Vries](#)

[Nicotine Tob Res. 2007 Sep ;9 Suppl 3 :495-504 17978978](#)

### **Smoking status and peer support as the main predictors of smoking cessation in adolescents from six European countries.**

[Froukje Dijk](#) , [Astrid Reubsæet](#) , [Jascha de Nooijer](#) , [Hein de Vries](#)

[Genet Test. 2007 ;11 \(3\):307-14 17949293](#)

### **Should Individuals Be Informed about Their Salt Sensitivity Status? First Indications of the Value of Testing for Genetic Predisposition to Low-Risk Conditions.**

[Chris M R Smerecnik](#) , [Ilse Mesters](#) , [Hilde van Keulen](#) , [Ingrid Scheffers](#) , [Esther Beeks](#) , [Peter W de Leeuw](#) , [Nanne K de Vries](#) , [Hein de Vries](#)

[Br J Health Psychol. 2007 Jul 12; : 17631695](#)

### **Relapse prevention in a national smoking cessation contest: Effects of coping planning.**

[Liesbeth van Osch](#) , [Lilian Lechner](#) , [Astrid Reubsæet](#) , [Stefan Wigger](#) , [Hein de Vries](#)

[Eur J Cancer Prev. 2007 Jun ;16 \(3\):266-74 17415098](#)

### **Passive cancer detection and medical help seeking for cancer symptoms: (in)adequate behavior and psychosocial determinants.**

[Liesbeth van Osch](#) , [Lilian Lechner](#) , [Astrid Reubsæet](#) , [Jascha de Nooijer](#) , [Hein de Vries](#)

[Eur J Cancer Prev. 2007 Jun ;16 \(3\):257-265 17415097](#)

**Access point analysis in smoking and nonsmoking adolescents: findings from the European Smoking Prevention Framework Approach study.**

Hein de Vries , Jonathan Van't Riet , Saadhna Panday , Astrid Reubsæet

Prev Med. 2007 Feb 15; : 17363048

**Predictors of smoking stage transitions for adolescent boys and girls.**

Ciska Hoving , Astrid Reubsæet , Hein de Vries

Health Educ Res. 2004 Feb ;19 (1):51-63 15020545

**Effects of in-school and tailored out-of-school smoking prevention among Dutch vocational school students.**

Marlein Ausems , Ilse Mesters , Gerard van Breukelen , Hein De Vries

Eur J Public Health. 2003 Jun ;13 (2):160-7 12807093

**Do Dutch 11-12 years olds who never smoke, smoke experimentally or smoke regularly have different demographic backgrounds and perceptions of smoking?**

Marlein Ausems , Ilse Mesters , Gerard van Breukelen , Hein De Vries

**Latest similar papers:**

Br J Dermatol. 2007 Aug ;157 (2):350-6 17650177

**Quantitative risk assessment of sunbeds: impact of new high power lamps.**

H Oliver , J Ferguson , H Moseley

Zhonghua Liu Xing Bing Xue Za Zhi. 2006 Aug ;27 (8):669-72 17172105

**[Study on the risk factors of repeated abortion among unmarried adolescents]**

Yi-min Cheng , Xiao-yan Wang , Yan-hong Lv , Ya-mei Cai , Ying Li , Xin Guo , Na Huang , Xiao Xu , Jun-Cai Xu , Francoice

Pediatr Dermatol. ;23 (4):321-9 16918625

**Evaluation of the Sunny Days, Healthy Ways Sun Safety Curriculum for Children in Kindergarten through Fifth Grade.**

David B Buller , Ann M Taylor , Mary Klein Buller , Pamela J Powers , Julie A Maloy , Barbara H Beach

Eur J Cancer Prev. 2006 Oct ;15 (5):431-8 16912572

**Skin cancer prevention behaviours during summer holidays in 14 and 18-year-old Belgian adolescents.**

Hein De Vries , Karen Willems , Ilse Mesters , Astrid Reubsæet

Eur J Cancer Prev. 2006 Oct ;15 (5):424-30 16912571

**Access to commercial indoor tanning facilities by adults with highly sensitive skin and by under-age youth: compliance tests at solarium centres in Melbourne, Australia.**

Suzanne Dobbinson , Melanie Wakefield , Natalie Sambell

Cancer Epidemiol Biomarkers Prev. 2006 Jul ;15 (7):1360-6 16835337

**Motives of belgian adolescents for using sunscreen: the role of action plans.**

Hein de Vries , Ilse Mesters , Jonathan Van't Riet , Karen Willems , Astrid Reubsæet

Clin J Sport Med. 2006 May ;16 (3):253-60 16778548

**Sun-protective Behavior Among High-School and Collegiate Athletes in Los Angeles, CA.**

Philip H Cohen , Henry Tsai , James C Puffer

Eur J Cancer. 2006 May 29; : 16737807

**Sun exposure and sunburn among Swedish toddlers.**

Richard Brånström , Sveinbjörn Kristjánsson , Henrik Dal , Ylva Rodvall

[Pediatrics. 2006 Apr ;117 \(4\):e688-94 16585282](#)

**Sun protection practices among offspring of women with personal or family history of skin cancer.**

Alan C Geller , Daniel R Brooks , Graham A Colditz , Howard K Koh , A Lindsay Frazier

[Med J Aust. 2006 Apr 3;184 \(7\):338-41 16584368](#)

**Estimates of beneficial and harmful sun exposure times during the year for major Australian population centres.**

Amanda J Samanek , Emma J Croager , Peter Giesfor Skin Cancer Prevention , Elizabeth Milne , Richard Prince , Anthony J McMichael , Robyn M Lucas , Terry Slevin

by [BioInfoBank Institute](#)